

Tryout Number: _____

Tryout Score Rubric

Name: _____ Teams Trying Out For: **Sideline** **Competition** **Both**

Category To Be Evaluated	Possible Points	Score
Jumps: What the coach is looking for	5	
<ul style="list-style-type: none"> • Pointed Toes: toes pointed in jump • Arm Technique: Sharp motions and correct arm placement in jump • Height: Height off the ground and flexibility • Landing: Landing jump with feet together 	1 1 2 1	
Cheer/Chant: What the coach is looking for	5	
<ul style="list-style-type: none"> • Motions: Correct arm placement and sharp motions • Performance: Crowd engaging, eye contact, and facial expression • Voice: Loud and precise pronunciation of cheer/chant 	2 2 1	
Dance: What the coach is looking for	5	
<ul style="list-style-type: none"> • Motions: Correct arm placement and sharp motions • Timing: rhythm and hitting correct count • Performance: Crowd engaging, eye contact, facial expression 	1 2 2	
Total	15	

This half is for athletes trying out for the competition team

Category To Be Evaluated	Possible Points	Score
Tumbling: What coach is looking for	20	
<ul style="list-style-type: none"> • Technique: correct form in performed skills • Standing and running back-handspring • Standing and running round-off tuck or handspring tuck • Standing 2 to layout and running handspring layout • Handspring full or trick through to full 	4 4 4 4 4	
Stunting: What coach is looking for Position _____	30	
<ul style="list-style-type: none"> • Technique: correct form in stunting position • Attitude: willing to try different positions • Strength: performance in stunting position 	10 10 10	
Total	50	

Other Comments

Tryout Number: _____